

COHERENCE LAB

NEWSLETTER DEC 2018



COMMUNITIES ACTING FOR THE GOOD OF THE WHOLE

Our work is centered around bringing together the leadership and expertise that already resides within the different communities for the good of the whole.

IN 2018 WE REACHED A HUGE MILESTONE: In our first three years, over 1,000 people have participated in ceremony, love and presence with Coherence Lab programs.

“Grace has brought Coherence Lab into my life. In gatherings and events held and nurtured by Coherence, whether with indigenous elders, women, youth, politicians or business leaders, I am consistently amazed by the sacred space that is created. In this grounded space, with collective intelligence, with compassion, informed by inquiry, by systems science, we find the seemingly impossible becomes possible. We go to the place where it is ‘already done.’ From there, it is easy to let it manifest—our personal dreams, our vision for our community and world.” —Cynthia Lazaroff, Founder, NuclearWakeUpCall.Earth



“ Our jam with Coherence Lab made space for several days of fluid, creative, and joyful time together. The flexible nature of the process allowed us to creatively brainstorm possibilities for guiding our family business into greater environmental and social responsibility. Our biggest take-home was understanding the unique capacities of leadership and vision today's youth bring to the table. Coherence Lab's nonlinear approach planted seeds within the interconnected web, and continues to generate ideas, energy, and movement toward our goals.”
— PARTICIPANT IN COHERENCE LAB'S LEGENDARY LEGACY PROGRAM

“ So many positive shifts happened in my life since participating in a Coherence Lab Jam. It was one of the first times in my life where I got to embody who I really am and be totally vulnerable and real. That's so rare. It was a transformative experience and I'm still seeing the benefits in my life and work. The Coherence Lab team created and held a container that allowed it all to happen naturally.”
— AARON FARLEY, Age 23, started his own company and receives Coherence coaching.

“ This year has been an outstanding opportunity not only to meet people, but to really get to know them, to see the lights go on for many; especially the light of integrity, compassion & love.” — PUNA DAWSON, Kumu Hula

“ It's hard to put into words the impact that Coherence Lab has had on me and my life. They set me on a trajectory to understand a deeper level of what human communication and connection looks like, and influenced my life and the direction of the work that I do. It has been a blessing. I'm excited for what's to come and our continued work together for the island.” — BEAR BUBNIS, Founder, Na Keiki O Halalea

“ Coherence is defined as ‘the quality of forming a unified whole.’ Through the inspired leadership of Prajna and Greg Horn, Coherence Lab lives up to its name. By creating a field of resonance and receptivity, they open the hearts and minds of participants so that their creative genius flows forth, the collective intelligence of each group becomes more than the sum of its parts, and magic happens.”
— PATRICIA ELLSBERG, Social Change Activist



Patricia and Daniel Ellsberg with Prajna & Greg Horn



LETTER FROM THE FOUNDER

From all of us at Coherence Lab, we wish you a joyous holiday season and Happy New Year! As 2018 draws to a close, we want to express our heartfelt appreciation for your support and are excited to share all the progress you have made possible.

“Coherence Lab has convened some of the most touching and meaningful gatherings I have ever attended. They have it right: you can't give what you don't have. They start with an atmosphere of respect, inviting indigenous elders to set the tone, to bring their ancient wisdom and share the spirit of Aloha. From this starting point, you can think clearly, see and learn from others, and realize the potential for new ways of inspired, collective action.” — Bruce Allyn, Senior Fellow, Harvard Negotiation Project

Our focus and passion for igniting individual and collective creative potential by hacking non-ordinary states of consciousness hit a new stride this year. We call it *Coherent Flow*. Expert flow hacker, Jamie Wheal of the Flow Genome Project, defines flow as “an optimal state of consciousness when we feel our best and perform our best.” When time slows, when we become so absorbed in the task at hand that everything else disappears, we can achieve personal and professional breakthroughs. *Coherent Flow* is achieved when groups of people move into this heightened state of consciousness and create solutions from this place.

We all have access to our own internal genius. Coherence Lab is deeply cognizant that creativity is the most important skill to cultivate in order to thrive in the 21st century. Our programming and events activate coherent flow states to achieve breakthroughs in performance by unleashing creativity. We are proud to share highlights from our 2018 activities, testimonials from our partners and introduce new advisory team members.

PRAJNA HORN, Co-Founder and Executive Director

2018 Highlights

Our work is centered around bringing together the leadership and expertise that already resides within the different communities for the good of the whole.

Wisdom Weavers 2018 Summer Solstice

In November 2017, Coherence Lab was honored to host and support Ilarion (Kuuyux) Merculieff's vision for 13 Indigenous Wisdom Weavers from tribes around the world to gather for four days on Kaua'i to co-create a message for humankind. Hundreds of community members gathered over the four-day event for sunrise ceremonies, shared traditions, teachings and communication. In an unprecedented move by the elders, sacred councils and ceremonies were filmed by an academy award-winning film team.

Wisdom Weavers Intro Video

www.wisdomweavers.world

The emergence of collective wisdom and prayer was profound. We were honored to host and support a second gathering for the summer solstice in June 2018. Clearly the thirst for this gathering continues, and our work and partnership will continue for 2019.



IMPLEMENTATION TOOLS AND RESOURCES



US/Russia Peace Summit & Aloha Tour

On January 13, 2018, the Hawaiian islands received an Emergency Alert that an inbound ballistic missile was imminent. For 38 minutes, fear was felt everywhere. In the aftermath, our long-time partners at NuclearWakeUpCall.Earth went into action. These experts on US-Russian relations, nuclear weapons and diplomacy traveled from Kaua'i to Russia for a Peace Summit and Aloha tour. Their mission was to shift the way diplomats, politicians and nuclear experts from different countries with tense foreign relations engage with one another. In preparation for their trip to Russia, Coherence Lab hosted a visioning session with indigenous elders Kumu Hula Puna Dawson, Kumu Sabra Kauka of Kaua'i and Ilarion Mercurieff of Alaska, who offered guidance, insights and blessings. We were honored to provide consultation, videos and other tools for bringing the Coherence Lab model to the negotiating table. Ceremony highlights and interview clips filmed during this visioning session were shown across Russia and audiences there said they indeed felt the *Spirit of Aloha* and a renewed hope for peace between the US and Russia!

Legendary Legacies

Our work has expanded to include work with entrepreneurs and next-generation heirs looking to shape their legacies for global and personal responsibility. Through our events and private coaching we work with individuals and families to redefine wealth and prosperity toward social change. In 2018 we worked with heirs of small and large fortunes and multi-billion dollar family companies to dream into the future of their organizations, and to see how their financial resources could be leveraged into a powerful vision for business rooted in sustainability, innovation and philanthropy. The next generation of heirs wants to use their wealth for the global good, including climate and the environment. Others seek to bring sustainable innovation into their business in a way that feeds the soul of their company. We look forward to expanding this work in 2019.

When Crisis Hits, Communities Come Together

Climate Change is Mother Earth's emergency response system telling us we are living outside the balance of Nature's laws. And while climate events can be devastating, they also bring us back to our own humanity and how we depend on each other. These events provide the opportunity to bring us back to love. In the wake of the historic flood that hit Kaua'i in April 2018, dumping 49 inches of rain in 24 hours, the Coherence team jumped in to action and supported our local community. For a month we spent hours each day preparing food which needed to be delivered by boat to people stranded by the flood and served on the island-wide communications team, coordinating relief efforts. The humbling opportunity to connect with our neighbors, strangers and tourists from a place of pure and selfless love demonstrated what we can do together when we are connected in spirit, heart and mind.



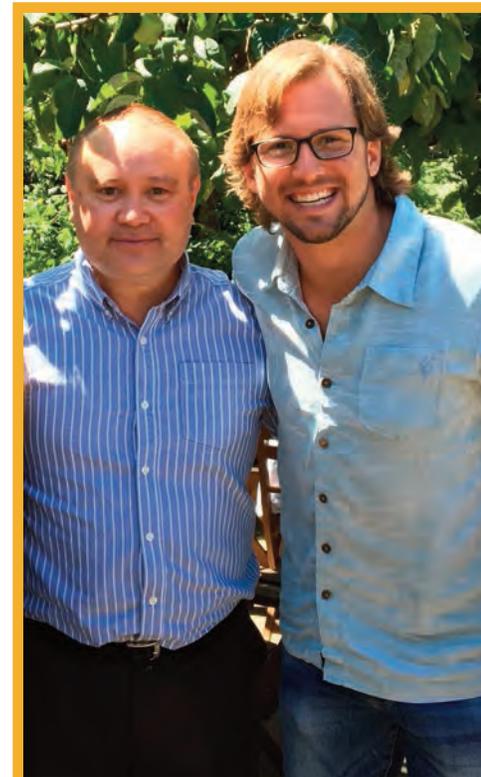
Kaua'i underwater after the April storms.

A River with a Spirit and Legal Rights

Last December, Coherence Lab and our partners from the Community Environmental Legal Defense Fund introduced the first Rights of Nature Conservation Easement in the State of Hawaii.

Rights of Nature Conservation Easement in the State of Hawaii

Recognizing legal standing for ecosystems is a huge step forward for environmental protection and living in balance with the Earth. Inspired to learn more, Prajna and Greg Horn visited New Zealand, where, with the work of the Maori over 150 years, the Whanganui River has been recognized as a legal, spiritual, living ancestor, a holistic entity, of which human populations are merely a part. It is the first river in the world to have its rights recognized in a court of law. The New Zealand government issued an official apology to the river for past transgressions. The River Settlement Agreement sets up a new way to make decisions based on asking what the river needs. The Whanganui Maori say, "From the mountains to the sea, I am the river and the river is me." In New Zealand we met with people who taught us about the historic Agreement *Te Pā Auroa nā Te Awa Tupua* including Utiku Potaka, Strategic Governance Advisor for the trust that holds the Ngā Tāngata Tiaki o Whanganui. We will be bringing these learnings to our work for 2019 and beyond.



Utiku Potaka and Greg Horn

NEW ADVISORY COUNCIL MEMBERS

Coherence Lab is deeply honored to add Alaskan Unangan traditional and environmental leader Ilarion (Kuuyux) Merculieff and Hilary Giovale to Coherence Lab's Advisory Council. Having the opportunity to collaborate with them both over the past year has been a tremendous gift for our entire team and community. The depth of teachings and experience they offer is profound. We are extremely grateful for the love, knowledge, wisdom and encouragement they so generously share.



ILARION KUUYUX MERCULIEFF
Unangan (Aleut) | Alaska. Ilarion “Larry” is the Wisdom Weavers of the World project organizer. Raised in a traditional Unangan (Aleut) way and received his Unangan name Kuuyux at age 4. The name is given to one person in each lifetime amongst his people. Kuuyux means an arm extending out from the body, a carrier of ancient knowledge into modern times, a messenger. Today he is living the legacy of his name.



HILARY GIOVALE

is a 9th generation American settler of Scots, Irish, and Scandinavian descent who is committed to healing historical divides. A mother, dancer, writer, filmmaker and philanthropist, she lives rooted in family and community at the base of a mountain sacred to 13 tribes on the land now known as Flagstaff, Arizona. Her work is shaped by her relationships with Indigenous people and worldview.



Reflecting

These are just a few highlights from the past year. We are so grateful for the opportunity to serve the island and the community of Kaua'i in these critical ways. Thank you for being part of this incredible unfolding of coherence!

It is clear that Coherence Lab has an important role to play in bringing together indigenous wisdom and Earth Systems Science to put forth whole-systems solutions; build diverse community-based coalitions; and design projects to create a sustainable future that works for all.

YOU CAN HELP US complete these new projects by making a tax-deductible contribution to Coherence Lab today. You can donate online at coherencelab.org or send your check by mail to: Coherence Lab, P.O. Box 264, Hanalei, HI 96714.

We are deeply grateful for your support and honored to be able to continue to do this work.

DONATE



May 2019 bring us all closer to the healthy, just and unified Kaua'i and world we envision!

Love & Aloha,
Prajna Horn and the Coherence Lab Team

Coherence Lab is a nonprofit 501 (c)(3) organization.



www.coherencelab.org